



Tinsley Tribune

newsletter of Tinsley Forum

October 2007

Our aim is to improve the quality of life for all the people of Tinsley

Tinsley Fun Day A Big Hit

On Tuesday 21st August 2007, Tinsley was awash with fun as the Tinsley Fun Day got underway. Tinsley Green was filled with friends and families, young and old, enjoying the sunshine and taking part in all kinds of activities that were on offer.

Tinsley Forum, with support from other organisations such as Sure Start, PCT, Sheffield Futures, TPCC, Fire and Rescue, South Yorkshire Police, Activity Sheffield and local volunteers provided all kinds of exciting things to do. People had the chance to enjoy the Street Climb Tower, DJ/MC workshops, T-Shirt printing, graffiti workshops, crafts, silly sports, and Dr Bike ...to name but a few!

On the park, the Graves Parks animals enjoyed a peaceful afternoon chatting to the children and enjoyed being stroked. And the community café was bustling with customers enjoying hot dogs, jacket potatoes and refreshments and a chance to chat and meet new friends.

A 'guess how many sweets in the jar' and 'guess the name of the teddy' competition was held by the Sure Start team, and this made over £33 to donate to the crèche to buy a piece of specialist sensory equipment for children with special needs. Over £7 was also donated towards this by the Forum's lucky dip stall.

Over 300 people attended the day. Everyone said it was a fabulous success and many people left asking when the next fun day will be. Events like these are brilliant fun but rely on help from volunteers. If you would like to be involved in organising future fun days, please contact Janet Thomas (Volunteer Recruitment co-ordinator) at Tinsley Forum phone 2444887.



Biomass Power Station for Tinsley?

The energy company E.ON are putting in a planning application for a biomass power station at Blackburn Meadows. E.ON will be holding an exhibition in Tinsley on 19th October. Leaflets inviting Tinsley residents to this event will be delivered soon to all households. Tinsley Forum following a presentation at the last Forum meeting raised concerns about road traffic, air pollution, local jobs. Ideas about a market garden social enterprise using the waste heat from the power station have been suggested also using the waste heat to provide a district heating scheme for Tinsley households. Please go to the exhibition and discuss this project with representatives of E.ON



Tinsley Forum
next meeting Thursday
4th October at
Tinsley Methodist Church, 7pm
See you there, it's your forum

we aim to deliver to every household in Tinsley

Want to know what's on offer for people over 50 in your area?

If you have ever fancied joining a salsa dancing class, making some new friends on a course or at a leisure club or you just want to know what's available for the over 50's but aren't sure where to get the information, Age Concern Sheffield may have the answer.

They have recently launched a new website designed to provide up to date information about services for the over 50's in Sheffield. It can be found at: www.oldersheffield.org.uk. There is information about hundreds of local services, clubs, activities, courses, advice centres, practical help and much more.

Anyone can use the website but if you don't have access to the internet Tinsley Advice Service can access the site on your behalf, so why not go along and ask them to do a search for you? Their address is 120-126 Bawtry Road, Tinsley, Sheffield, S9 1UE or you can phone them on 0114 243 2720. Their opening times are Monday 9.30am to 12.30pm, (women only session) and 2.00pm to 3.00pm, Tuesday 9.30am to 1.30pm and Thursday 9.30am to 1.30pm. The site will let you search for services in your local area by using the postcode related search or, for a wider range of services; you can search across the whole city. Not only will it tell you what's available, but also whether there's a waiting list and how to access the service. Information is being added on a regular basis, so it's worth checking back now and then, to see what's new.

If you would like any more information about Older Sheffield, if you would like to suggest services that are not currently listed or if you have any feedback on the website, do not hesitate to contact Ruth or Serena on 0114 253 7691.

Tinsley Advice Service have 2 volunteers that can help E.U. nationals i.e. Polish, Slovakian and Lithuanian. They offer a translation service to languages such as Urdu, Punjabi and Arabic. They also have disabled access and can help with immigration cases.

Sheffield Futures Youth Provision in Tinsley Autumn 2007

Work with young women

We have recently appointed two new youth workers for work with young women, they are Shabana Jilani and Sophina Hanif, both live locally within the community and are keen to take up the challenge in re-establishing provision that is much needed.

For those that might not be sure of the days and times, they are;

Tuesday 4.00pm to 7.00pm

Thursday 4.00pm to 7.00pm

Sunday 1.00pm to 4.00pm

Venue, Tinsley pavilion

So if you are aged 13 to 19 or know any young women in that age group then please come down to the Pavilion where Shabana and Sophina will make you feel more than welcome.

Proposed Project work

A bid has been submitted to 'Kick It Out' for funding as part of their week of action against racism and if successful we will be looking to work with a group of young people to research and develop a resource that can be used for doing anti-oppressive work with wider groups of young people.

Using football as a vehicle because of its universal appeal, the aim is to highlight the positive contributions made by foreign footballers to the professional English Game as well as the country as a whole, a particular emphasis will be on those from communities that are often stereotyped and prejudged on the basis of race and religion.

Young people will benefit from having their own awareness/learning raised as well as gaining accreditation if they successfully complete the project.

Even if the bid is not successful we will continue to do the project but on a smaller scale.

If you would like further information then please contact Abid Rahim, Team Leader, on 01142281950

Councillors Surgery

Councillor Mazher Iqbal holds a surgery at Tinsley Library on the 3rd Saturday of the month from 10.30 – 11.30 am
Phone 07875069617

Tinsley Tribune, Tinsley, Tinsley One Stop Shop, 120-126 Bawtry Rd Tinsley, S9 1UE phone Neil Parry on 0114 2859911.
The views of contributors are not necessarily the views of Tinsley Forum or East End Quality of Life Initiative



Healthier Tinsley (Enhanced Public Health Programme)

Healthier Tinsley is a project working to improve the health of people living in Tinsley as part of the Sheffield Enhanced Public Health Programme. (EPHP). The Enhanced Public Health Programme is about looking at the issue that can have an impact on our health and what can be done to make a difference. Tinsley is one of the priority neighbourhoods in Sheffield because of the poor health of people who live in Tinsley. Whilst there have been some improvements in life expectancy in recent years, there are still high numbers of death from Circulatory Disease and Strokes and high hospital admissions for COPD and Stroke.

The Healthier Tinsley group have identified four main areas to work on to improve health. These are:

- Support for older people
- Improve the Local Environment and the Air Quality
- Improving Lifestyles
- Improving access to and develop services to meet gaps

Some of the health activities in Tinsley includes

Chance To Dance
Active Sheffield have started a new Tinsley Activity Group for the Over 45s – the session will run every Friday morning 10.00-12.00 at Tinsley Green Activity room and will be starting with some Chance to Dance sessions. It's free and it's fun, just come along or phone Gareth on 07715759498.

Foot Care Event
Wednesday 12 September saw the first of two planned Foot Care Events with members of the Sheffield PCT Podiatry Team on hand to offer information and advice about feet. Information was available from Age Concern, Agewell, CosyFeet, Clarke & Partners, Boots, Sheffield Community Transport, Sheffield First.

Women's Health & Well Being
Tinsley SureStart is running a session open to all women in Tinsley.

Other Projects
The Healthier Tinsley Group is continuing to meet and look at other local projects that can help in improving your health; this includes trips out, cycling and walking, healthy eating and lunch clubs, community allotments, and more. You are welcome to get involved, Contact Anne Saleh at Tinsley Forum Tel 2444887 or Lyn Brandon Sheffield PCT Public Health 2262491.

Summer Trips 2007

Over the summer holidays the young people in Tinsley had the opportunity to participate in a number of different activities provided by Tinsley Forum Youth Project and Activity Sheffield. From theme parks, highropes courses and 3D cinemas to horseriding and swimming, there was something for everyone. All the trips were full and we had over 70 different young people between 11 – 19 years old get involved. The trips have enabled young people to get to know people who they wouldn't usually spend time with, and build confidence through experiencing new things.



Tinsley Green Kids take to Futsal

Budding Ronaldinhos from Tinsley took part in four futsal training sessions over the summer holidays, held at the University of Sheffield (U Sport) indoor futsal centre. Futsal is an exciting 5-a-side indoor football game, promoted by FIFA and focusing on skills development, which enabled the likes of Pele, Zico, Ronaldo and Ronaldinho to become the world's best players. The best futsal player is Falcao from Brazil (see 'YouTube' and other clips from the internet).

The training sessions were coached by Zulfi Karim and Nawaz Khan, both from Tinsley and qualified coaches. The kids, aged 12 years and under, all had a great time learning new skills with a special futsal ball, and played some great games. As well as footballing skills, the kids learnt teamwork, communication, futsal rules, and for many it was the first they had visited a university.

Many thanks to Laura and Michelle from Tinsley Forum, Marc from Sheffield FA, Spencer from U Sport, big Nas, big Shabz, Shahid and Rashad for support, taxi service and volunteering.

Note: There will be no football training for U12's during Ramadhan (fasting). We will start again after Eid.

Nawaz Khan



Cooling Towers Update

Mark Maisey, E.ON UK Property Manager, said: "We're making real progress on site and we will share the demolition date with everyone as soon as we have that confirmed."

"However, it is imperative that we make sure that all the necessary preparation has been done, including extensive safety checks, to ensure that all potential issues have been dealt with. We want to keep disruption to an absolute minimum and we are still some way from being able to pin down a suitable date." Rumour as it that the sewers in the area are causing concern for E.ON

E.ON and the City Council will work jointly to produce the new artwork with designs ready for public consultation by June 2008.

Sir Bob Kerslake, Sheffield Council's Chief Executive commented: "We recognise that those who wanted to keep the existing towers will be disappointed." "We are very pleased that E.ON have agreed to contribute £500,000 towards a new piece of art, and will put sustainable uses on the site."

Activity Sheffield

Activities On Offer In Tinsley

[Did you know?](#)

By doing the recommended levels of physical activity outlined by the Government Department of Health, the risks associated with inactivity including obesity and heart disease can be significantly reduced. The recommended levels are:

30 minutes of moderate intensity exercise at least 5 times a week for adults

60 minutes of moderate intensity exercise every day for young people.

Activities such as dancing, walking, cycling, gardening and swimming can all be built into daily life as part of maintaining an active lifestyle.

Young People

Tue 4:30-5:30, Wed 5:00-6:00, Thur 4:30-5:30: Boys only Boxing & Circuits at Tinsley Green

Wed 6-7: Under 11's Football Coaching With Nawaz Khan at Tinsley Green

Mon 4:30-5:30: Girls Only Bollywood Dance with Sofia Rashid at Tinsley Green

Women Only Session

Mon 9:30-11:30: Gym session at Tinsley Pakistani Muslim Centre led by Imtiaz Begum

Tue & Thur 5:30-6:30: Aerobics & Boxercise session at Tinsley Green with Paula Poole

Tue 9:30-11:30: Women only swim at UHLC, meet at Tinsley Green, led by Imtiaz Begum.

Wed 10:30-12:00: Gym session at Tinsley Green led by Imtiaz Begum

Wed 12:30-3:00: Gym & Spa session at the Institute of sport, contact Imtiaz Begum.

Older People

Fri 10:30-12:00: Chairobics, Line dancing, Table Tennis, Health Walks at Tinsley Green

TINSLEY/PARKHOUSE REUNION
at the Fox & Duck
Saturday 17th November
BUFFET & DISCO
Everyone Welcome

7.30 p.m. 'til late. £3 admission

Tickets available from Friday 14th of September onwards at :
 The Fox & Duck • Tinsley One-Stop-Shop • The Atlas

In memory of: Paul Scannell
 Proceeds to: Bluebell Wood Hospice

ARE YOU AN ADULT
PLEASE READ BELOW IT'S
FOR ADULTS ONLY (AGED 19+)

- DO YOU KNOW WHAT ADULT LEARNING LEVELS ARE?
- DO YOU KNOW WHAT YOUR LEARNING LEVEL IS?
- WOULD YOU LIKE TO KNOW AT WHAT LEVEL YOU ARE?
- WHY NOT TAKE AN ASSESSMENT (not a test) approx 1hr
- INSTANT RESULTS with private advice and guidance

GUIDELINES

GRADES

- GCSE A – C
- GCSE D, E, F
- PRE GCSE GRADE

ADULT LEVEL

- LEVEL 2 (L2)
- LEVEL 1 (L1)
- ENTRY LEVEL (E) 1;2;3

Reasons for requiring your learning levels:

- Entry to College or University
- Entry to further or higher levels in your current education
- Access to helping to pass a Citizenship course/test
- Further advancement in your chosen career
- Create better prospects for a higher paid job
- Open up more opportunities of work
- Gives you a greater self confidence and feel good factor
- A personal knowledge of your needs to increase your levels of education

If you would like to take an assessment please contact Roy or Kulsoom at roy@tinsleyforum.co.uk or Kulsoom@tinsleyforum.co.uk or telephone 0114 2444887

Catcliffe Flood Appeal



In August Tinsley Forum leafleted the Tinsley community asking for help in donating anything they could to help the victims of the recent floods. We would like to say a huge thank you to all that have donated, your support is very much appreciated in the affected areas. Donations are still welcome, if you would like to donate any money, household items, storage space or use of a van, please contact Stuart Butler from Catcliffe and Brinsworth Partnership on 01709 371526, or Anne Saleh at Tinsley Forum or call on 0114 2444887.

Asthma

air pollution

Drive Less and he could need his inhaler less

25% of car journeys are for less than 2 miles

Think about walking, cycling or taking a bus for better health all-round

Praise or Grumble

This is your opportunity to let us know if you have anything you wish to tell the Forum. Please fill in the slip below if you wish to inform us about:

- Complain, (local rubbish collection, nuisance neighbours, traffic etc)
- To report an incident anonymously (racial abuse, concerns about car/house/ street crime)
- To praise or congratulate (Awards/successful funding bids, positive community involvement).
- General comments

Name (optional).....

Address (optional).....

Comments

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Please drop your slip at Tinsley Forum.

Or post to Tinsley Forum 120 – 126 Bawtry Road, Tinsley, Sheffield, S9 1UE

Or if you wish to put an article in the next Tinsley Tribune please contact Anne Saleh at the Tinsley Forum. **All comments will be kept confidential and passed on to the relevant services if necessary.**