

# Tinsley Tribune

we aim to deliver to every household in Tinsley

May 2004

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## Highgate Surgery stays open

**T**he good news is that the surgery will be staying open. However it will take us some time to be able to provide the service we all would like. At present we have recruited another nurse who we hope will start at the practice in May. We are also in the process of advertising for Doctors. In the meantime we have to provide doctor cover by using locum doctors. We appreciate that this will make continuity of care difficult in the short term and hope that you will bear with us. The long term aim of the practice is to ensure that people attending the practice are seen by the most appropriate health worker, this may be a support worker, nurse practitioner, doctor, practice nurse or community health educator. The staff at the surgery find this an exciting and challenging time but we need the support and understanding of the community to enable us to move forward. We will aim to keep you informed about developments at the surgery.

If you have any constructive ideas and comments we would be pleased to hear from you.

Gill Pearson  
Lead Nurse

**Become a Friend of  
Highgate Surgery  
See page 2**



Staff at Highgate Surgery

### Highgate Surgery Zindhbad!

**A**ll in Tinsley know about the proposed closure of Highgate Surgery. It was almost a year ago that at Tinsley Junior School, together with other residents, listened to the PCT presentation on its plan to 'merge' the Highgate and Ingfield practices. We were not being asked but effectively told what was going to happen. This was a decision which many in Tinsley, for a multitude of reasons, were not happy with. This discontent manifested itself in the mobilisation of Tinsley resident's young and old, able and infirm, male and female....black and white.

Following numerous meetings, a survey and focus groups the result is that Highgate Surgery will not be closing.

I promised a number of people that I would

confine my joy (which I know is shared by many) to one paragraph. Well I will do better than that and reduce it to a solitary word YES!

Many will no doubt come forward to try and claim credit for the victory. But let there be no doubt, this credit belongs to no one other than the Tinsley residents. WE were the ones who made the stand and persevered. We have demonstrated that the strength of this community is at its peak when it works together. However, unlike fairytales this victory does not bring things to an end.

For this victory to mean anything we need to sustain our efforts, not relax them. Articles elsewhere will describe how Highgate Surgery will develop and move forward. These new plans will require hard work, patience and involvement from us all. Highgate surgery will only succeed if, in supporting it, we demonstrate the same enthusiasm and passion we did when fighting to keep it open.

Continued on page 2

*Newsletter of Tinsley Forum  
supported by*

*Sheffield Health Action Zone East End Quality of Life Initiative*

# Tinsley's Community Air Quality Monitoring wins award



**T**insley's successful air quality-monitoring project has become the first winner of a Care4Air Award in Sheffield, the award recognises individuals, organisations and companies for their contribution towards improving air quality. Members of Tinsley Forum and East End Quality of Life Initiative, were presented with the Award by Jan Wilson, Sheffield City Council Leader.

Care4Air is a partnership between Sheffield Travelwise. It aims to reduce air pollution in South Yorkshire through raising awareness of air quality issues and encouraging people to reduce unnecessary vehicle use, become energy efficient and use newer more environmentally friendly technologies.

Tinsley Forum and the East End Quality of Life Initiative began monitoring air quality using simple test tube size equipment in April 1998, enabling local people to take an active role in finding out about air quality in the area.

The tubes are exposed to the air for one month, and then sent for analysis. They measure the amount of Nitrogen Dioxide in the air, which mainly comes from road transport. The tubes are placed near people's homes, as well as by the roadside, where air quality frequently exceeds government targets because of exhaust emissions.

The success of the Tinsley initiative has led to the study being extended to cover other parts of the City, including Park Hill, Burngreave, Handsworth, Darnall, Heeley, Firvale, Gleadless, Neepsend, Foxhill and Broomhall.

Jan Wilson, Sheffield City Council Leader said: "I'm delighted to present the East End Quality of Life initiative and the Tinsley Forum with a Care4Air Award. Their work and commitment to their community really makes a difference and contributes towards the council's targets of a cleaner and greener Sheffield."

Mark Daly of Care4Air said: "The East End Quality of Life Initiative and the Tinsley Forum is exactly the kind of projects that deserves recognition. The community have come together to take action on air pollution, which damages the environment and contributes to



Eric Finbow and Neil Parry on behalf of Tinsley Forum and East End Quality of Life Initiative accept a Care4Air Award from Jan Wilson Leader of Sheffield City Council

health problems. It's great to see that the Tinsley project has encouraged other schemes to start up across the city. Locally run air monitoring empowers the community and gives them a real voice in issues that directly affects their quality of life. I would en-

courage any community or residents group that wants to undertake this simple yet effective monitoring to find out about air quality in their area, to get in touch with the Care4Air Campaign."

## Highgate Surgery Zindhabad!

(Continued from page 1)

The "Z" word in the title of this article is often chanted at cricket matches (most notably with the prefix "Pakistan"). Having racked my brains the best translation I can think of requires me to quote none other than Dr. Spock from "StarTrek": "Live long and prosper"

The longevity and prosperity of Highgate, of our community, is inextricably linked to our ability to remain united and steadfast.

So, Highgate Surgery Zindhabad, Tinsley Zindhabad!

Gul Nawaz Mahboob Hussain,  
Tinsley resident

## Friends of Highgate Surgery

SEPCT (South East Sheffield Primary Care Trust), the Highgate practice and a community representative are having a first meeting to discuss the implementation of the new services at Highgate and discuss the setting up of a Friends of Highgate Surgery. Each issue of Tinsley Tribune will have a section on what's new and happening at the surgery.

If you would like to be part of Friends of Highgate Surgery please contact:

Baljit Sanghera SEPCT  
telephone 226 2463.

# A Wildflower Meadow at Sheffield Business Park.



Subgroup of Tinsley Forum

**T**insley Tree Project has been involved in a number of contracts with Sheffield Business Park over the past five months. The work has involved various landscaping contracts including the planting of a beech hedge and standard trees. The project is appreciative that the business park has engaged Tinsley Tree as a landscape contractor and is delighted to be asked to undertake the establishment of a wildflower meadow on the embankment adjacent to the Europa Link Road.

This endeavour is no small or sure undertaking as the nature of the soil on the site is very poor and suffers from severe drainage problems. Nevertheless the preparation work and the sowing of the seed has been completed. The establishment of a wildflower meadow can take two to three years to complete as most of the plants are perennial. Strict management during this time and indeed in future years is essential to ensure the continuation of the meadow.

Tinsley Tree Project is keen to maintain the site and a working relationship with Sheffield Business Park and would like to commend the initiative behind the environmental improvements. It is great to see local private sector companies moving towards landscaping developments that benefit the environment and wildlife.



## Spring at Tinsley Community Allotment

The growing season is upon us and the Tree Project will be holding an allotment open day on every Tuesday throughout the spring and summer.

Please feel free to join us to help create a working community allotment in Tinsley.

- The project's poly tunnel is erected and suggestions will be taken as to the types of plants and vegetables residents would like to grow.
- Tinsley Tree Project staff will be on site to answer any questions you may have and explain how the allotment will work in coming months.

- Residents are welcome to visit the allotment and see the ongoing composting scheme and the other development work. There will be opportunity for residents to obtain details as to how to participate in the kerbside collection composting scheme and how to become involved in other aspects of the projects work.

All members of the general public are welcome to attend and the project would be delighted if you brought friends, neighbours and family along.

You also invited to join Tinsley Tree Project staff who will be conducting ongoing work at the allotment during the spring and summer.

**For more details call Tim on 0777 585 2667.**

### Community Learning Opportunities at Tinsley One Stop Shop 120-126 Bawtry Road

Do your children/grandchildren know more about computers than you?

Do you have an interest in the internet but not sure what it is or how to access it?

Don't know a byte from a bite or think memory is a thing of the past?

Been on a course before and want to again? If so we can help

Tinsley Forum and Sheffield College provide community learning in a friendly relaxed atmosphere geared to learners such as yourself

Come in and have a chat over a cup of tea or coffee

What have you got to lose? You're never too old to learn

Tinsley Forum 0114 2444887

### Local Employment Opportunities on Shepcote Lane with GBN (South Yorkshire) LTD

The job opportunities at GBN Ltd will be slightly delayed.

Job Application forms will be sent out to those residents who have contacted Tinsley Forum and Jobnet@Tinsley by the 11th June.

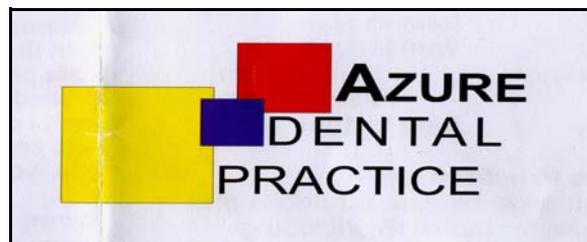
Interviews to be held between 19th and 30th July.

With work looking to commence in mid August

# Dentist Opens in Tinsley

**M**r Masud A Choudhry has opened a Dental practice in Tinsley. The practice will provide dental care for adults and children under the NHS, including orthodontic treatment (straightening of teeth). The practice also offer a comprehensive range of services privately. The premises are accessible to wheelchairs with toilet and parking for disabled people

**Opening hours for appointments**  
 Monday to Friday  
 9.00am to 6.00pm  
 Saturday  
 9.00am to 1.00pm



**M.Choudhry BDS (LIV) M. Med. Sci (Sheff)**  
**121 Bawtry Road, Sheffield S9 1UF**  
**Telephone 0114 2445278**

## Tinsley



- Parents & Tots Group** at St Lawrence Church Hall, Monday & Thursday 1-3pm. Contact Home Visitors on 261 8791.
- Women's Keep Fit** at Community Centre, Monday 5-6pm & Friday 10-11am. Contact Imtiaz on 244 8885.
- Women's Health Walk** from the Sure Start office, Highgate, Tuesday 1-3.30pm. Contact Tahira on 261 8181.
- Yoga for Women** at the Community Centre, Thursday 3.45-5pm. Contact Imtiaz on 244 8885.
- Swimming** Mother & Baby/Ante Natal, at Oakwood Swimming Baths, transport provided, older siblings welcome, but strictly your own responsibility, Boys under age of 8 years welcome Tuesday 10-11am. Contact Tahira on 261 8181.
- Tinsley Tumbling Tots** at St Lawrence Church Hall, Tuesday 1-2.15pm. Contact Fiona on 261 8181.
- Playgroup** at St Lawrence Church Hall, Wednesday 1-3pm and Friday 1-3pm. Contact Roundabout on 244 8885.
- Library session – Baby Time** at Tinsley Library, term-time only, Wednesday 10-11.30am.
- Well Woman Course** at the St Lawrence Portakabin, Wednesday 9.15-11.30am. Contact Tahira on 261 8181.
- Cook & Eat sessions** at St Lawrence Church Hall, Friday 9.15-12 noon. Contact Tahira on 261 8181.
- Apni Awaaz, (My Voice)** on Friday's from 18th June for 5 weeks. For women who have come to live in England. To talk about their experiences and what their expectations were about living in England. A sociable group Contact Tahira on 2618181
- Healthy Mums Healthy Babies** at the St Lawrence Portakabin, Wednesday 1.30-3pm. Contact Midwife/Health Visitors on 244 1053.
- Mums & Tums** at the St Lawrence Portakabin, term-time only, Wednesday 1.30-3pm. Contact Midwife/Health Visitors on 244 1053.
- Asylum Seekers Women's Conversation Group** at the Sure Start office, Highgate, Thursday at 12 noon. Contact Fiona on 261 8181, or Paula/Shada on 261 8791.
- Parent Participation Group** meets monthly at the St Lawrence Portakabin. Next meeting Tuesday 25<sup>th</sup> May, 9.30-11.30am for a jewellery making session; free refreshments and crèche. Future meetings – 15<sup>th</sup> June, 13<sup>th</sup> July. Contact Fiona on 261 8181.
- Programme Management Group meetings** for parents to have their say in the running of Tinsley Sure Start. Meets at the St Lawrence Portakabin on 8<sup>th</sup> June, 20<sup>th</sup> July, 7<sup>th</sup> September, 19<sup>th</sup> October and 7<sup>th</sup> December. Contact Sure Start office on 261 8181.



### Community Safety Group

Meeting  
 Thursday 17th June  
 7.00pm  
 Tinsley Community Centre  
 Ingfield Avenue  
 All Welcome

### Tinsley Connexions Centre

Youth Pavilion, Tinsley Rec  
 Working with the Young People in Tinsley  
 Tel: 0114 2433531  
 Messages can be left at Darnall Connexions Centre. Tel: 0114 2430979  
 For Young People aged 12 years and over

**Monday**  
 Youth Club 6.30 – 9.30 pm

**Wednesday**  
 Youth Club 6.30 – 9.30 pm

**Thursday**  
 Sitara Girls 5.00 – 7.30 pm

**Friday**  
 Youth Club 6.30 – 9.30 pm

**Sunday**  
 Sitara Girls 1.00 – 4.30 pm