



Tinsley Tribune

newsletter of Tinsley Forum

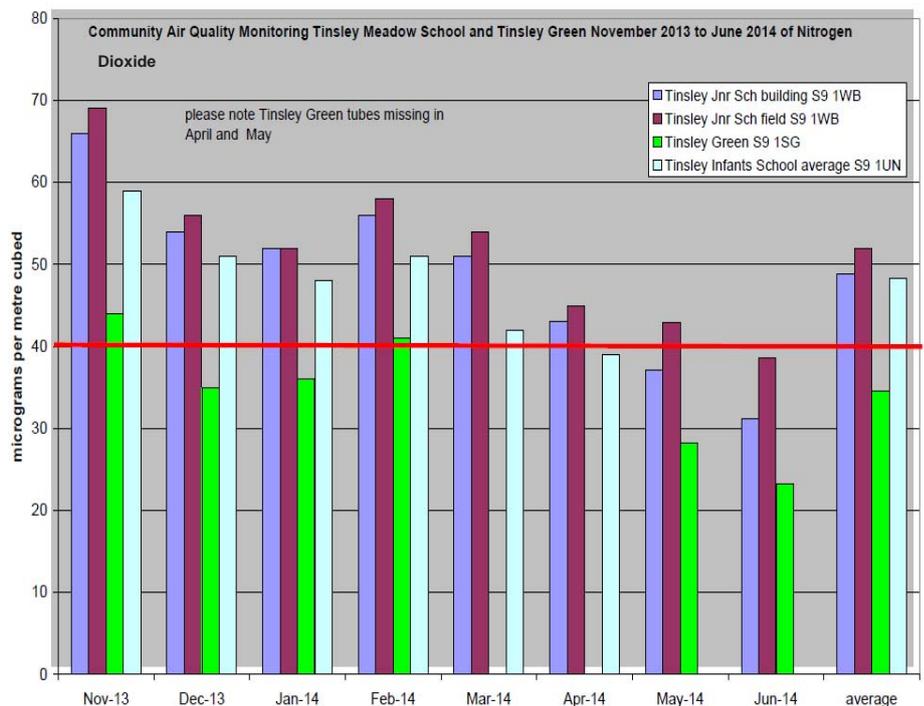
January 2015

Our aim is to improve the quality of life for all the people of Tinsley

MP's report calls on Government to make it impossible to build Schools in Air Pollution Hotspots

Just before Christmas the House of Commons Environmental Audit Committee in its latest report on air quality recommended to government that planning laws should be changed so that it was impossible to build new schools near existing air pollution hotspots. Committee chair Joan Walley said "It is unacceptable that another generation of young people growing up in towns and cities could have their health seriously impaired by illegal air pollution before the government brings this public health crisis under control. Children growing up near busy roads with high nitrogen dioxide and particle emissions have stunted and impaired lung development. There is also emerging evidence that air pollution can increase infant mortality rates, prompt pre-term births and affect cognitive performance". Tinsley Forum have been campaigning to get the Schools moved away from the Motorway for many years to protect the health of local children.

In the debate about the site for a new Junior School in Tinsley we have heard some people say that it does not matter where you build a school in Tinsley, air pollution is bad all over the place. The graph you can see on this page shows the levels of nitrogen dioxide on the school sites and at Tinsley Green over the period Tinsley Forum monitored at Tinsley Green before it closed. There clearly is a difference. If you want to look at air quality data for different parts of Tinsley from way back in 1998 to now please visit our website at www.sheffieldeastend.org.uk . We had a conference on Air Quality and



Health in Sheffield in October . One of the speakers was Dr Ian Mudway from Kings College London who said to the MPs "My particular area of interest is in children's respiratory health. The evidence over the last three or four years that children growing up near traffic in areas with high NO2 and primary particle emissions have stunted and impaired lung development is incredibly strong. You can watch an interesting and easy to understand presentation to our conference on Youtube see www.sheffieldeastend.org.uk for link. Noise from the motorway is an important reason to move the Schools. Noise levels

measured at the School are well above the World Health Organisation levels set to protect peoples health Research on the impact of aircraft and road traffic noise on the cardiovascular health of schoolchildren has shown that its main effect appears to be short-term raised blood pressure, Several studies have linked noise exposure at school to children having more headaches, being more tired and having raised stress hormone levels. Several studies have suggested that schoolchildren exposed to noise from aircraft and road traffic experience learning and comprehension difficulties. Neil Parry East End Quality of Life Initiative

we aim to deliver to every household in Tinsley



Why not come along and join in one of our activities? Everyone is welcome. Women-Only Chairobics is held on Wednesdays (10am-11am) at Tinsley Community Centre it is gentle chair based exercise to music. This session will restart on the 14th of January.

Women-Only Health Walk takes place

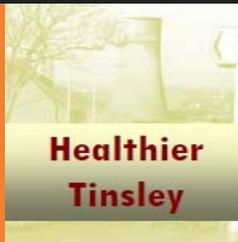
on a Thursday meeting at Tinsley Forum at 9:15am. It is a local, gentle walk which provides a great way to feel fitter and meet new people. The walk will restart on 15th January

A Conversation Club for women only is held on Thursdays (12:30-2:30) at Tinsley Forum. Its aim is to improve English, develop confidence and improve communication skills. Why not join us, spaces are available.. Will restart on the 15th of January.

If you would like one to one support to help you make small changes to improve your health or to find out what's happening in your local area, please contact Yvonne or one of our Health Trainers Darnall Well Being on 0114 249 6315. Remember...

"There are other ways to make your health better"

Connect - Be active - Take notice - Keep learning - Give



Healthier
Tinsley

Daily life in Medieval Tinsley



The 'Exploring Tinsley Manor' team have been working in Sheffield Archives searching for documents that can tell them more about Tinsley Manor since February 2013. During this search they were very excited to find 212 "Court Roll" documents dating between 1284 and 1810 – that means the oldest document we have about Tinsley is 730 years old!

The Exploring Tinsley Manor Team (who can't read Latin) needed more help to make the most of these documents and so in August we began working with the University of Sheffield's History Department on a brand new project called 'Unravelling Tinsley's Rolls'. The project team have been working with volunteers in Sheffield Archives every Saturday studying the documents and translating as much as possible, the project continues until Summer 2015. Later this year we will be holding a number of events in Tinsley to spread the word about this wonderful resource.

These 'Court Rolls' are legal documents, notes from local court proceedings, they record rent amounts, fines for minor misdemeanours such as doing the wrong things with livestock and hedges. This might at first sound a bit boring, but they are in fact some of the most vibrant and fascinating documents that survive from the Middle Ages.



Tinsley Community Allotment will be open over the winter on the 2nd and 4th Friday of the month 10am to 2 pm until March. Getting the allotment ready for the growing season. The allotment is at the back of Tinsley One Stop

Tinsley Tribune, Tinsley, Tinsley One Stop Shop, 120-126 Bawtry Rd Tinsley, S9 1UE phone Neil Parry on 0114 2859911. The views of contributors are not necessarily the views of Tinsley Forum or East End Quality of Life Initiative



LISTENING TO SHEFFIELD EAST

Winter is a tough time. Winter plus poverty, fractured relationships, poor physical or mental health, unemployment or loneliness can be intolerable.

Every year, 30-40 people across Sheffield take their own lives.

If you are in crisis, it can help to speak to a stranger. To phone or text or email someone in the privacy of your own space. Samaritans listen, and help you think your way through the pain. Everything you say is confidential. If you think you could be a listener, think about becoming a Samaritan.

They come from all walks of life. They only thing they have in common is that they are ready to listen. If you think it's for you, full training will be offered.

You can contact us:

By phone: 0114 2767277

By text: 08457 909090

By email: jo@samaritans.org

In the Branch: 272 Queen's Road, Sheffield S2 4DL (10am – 10pm)

In a letter: Freepost RSRB-KKBY-CYJK

Chris PO Box 9090

STIRLING FK8 2SA

Happy 100th Birthday Mary



Congratulations to Tinsley resident Mrs Mary Wainwright who celebrated her 100th birthday on 1st November. Mary attends the over 60's group in Tinsley where the group treated Mary to a celebration lunch at the Phoenix Club. Mary has been attending the over 60's for more than 20 years. She received a card from the Queen congratulating her on the century celebration. Mary says that she was very happy to receive a card from the queen and has shown it her friends who attend the local over 60's club, where she enjoys catching up and playing bingo

Tinsley Forum Job Club

For 16 to 65 years old

Every Thursday 10.00am – 4.00pm

For more information contact Anne Saleh on 0114 2444887 email admin@tinsleyforum.co.uk or call in to Tinsley One Stop Shop, 120-126 Bawtry Road

Tinsley Football and Futsal update! New talent on the Horizon.



After a successful year in engaging youth via football and futsal in world cup year where we had over 60 juniors engaged in grassroots football via both Tinsley United and Tinsley Green Futsal and Football development initiatives. The Community Foundation supported initiative aims to engage 8 - 12 year olds and 12 - 14 year olds from Tinsley into the futsal/ football game by providing a safe environment for them to build self esteem, see positive role models and utilises football (futsal) as a means of building social cohesion.

This year the u14 and u12's have developed into competitive teams. The u14's took part in the UMIK football tournament and reached the semi finals. Highlights included a 5-0 victory over Nether Edge and 2-1 Win over Norfolk Park (a much bigger team). The u12's have had high scoring victories against Darnall. During the Winter u12's will be training and have tournaments at the EIS and Tinsley Recreation Ground (Sand pitch and MUGA) We have also encouraged junior players from Tinsley to attend the MASH UP Football sessions which take place every Monday 3.30pm - 5.30pm at the Sheffield Hallam University Sports Ground Bawtry Rd. Thanks to Graham and Vicky at Tinsley Forum

Community Courses in Tinsley?

- ESOL (English for speakers of other languages)
- IT (Information Technology)
- Functional Maths
- Cook and Eat
- Sewing
- Swimming
- Zumba
- Keep Fit



Please contact Zahira Naz on 07931 328617 or Nazia Fazil on 0114 249 0099 to enrol for any of the above courses or for further information.



Have your say: Tinsley Chord

Plans to improve connections between Sheffield and Rotherham by linking the railway and Supertram networks.

The plans will help deliver:

- Better access to jobs, education and leisure facilities
- Local job opportunities
- Greener journey options, minimising congestion on the roads

Find out more, meet the team, and have your say about our plans to improve connections between Sheffield and Rotherham by visiting our public exhibition at:

The Source Skills Academy, 300 Meadowhall Lane, Meadowhall, Sheffield, S9 1EA

Friday 6 February 2015, 11am-7pm

Saturday 7 February 2015, 10am-2pm

You can also let us know what you think by completing the online survey at www.networkrail.co.uk/tinsleychord

The closing date for your feedback is Monday 23 February 2015.

Zahira Naz
0114 249 0099
07931328617

Chcete sa naučiť anglicky, počítače alebo kurzy rodinnej vzdelávania. Pre ďalšie informácie kontaktujte Zahira. Ponúkame pre-vstup, vstup 1, 2, 3 a úrovňou kurzov.

Zahira Naz
0114 249 0099
07931328617

آپ انگریزی، کمپیوٹر یا خاندانی تعلیم کے کورس سیکھنے کرنا چاہتے ہیں۔ مزید معلومات کے لیے ظاہرہ سے رابطہ کریں۔ ہم سے پہلے اندراج، اندراج میں 1، 2، 3 اور سطح کے کورسز پیش کر سکتے ہیں۔

ظاہرہ ناز
0114 2490099
07931328617

Tinsley's Bronze Age Canoe gets national recognition



WHAT IS THE BRONZE AGE?

The Bronze Age began about 3500 years ago and lasted for roughly 1700 years.

It is called the 'Bronze Age' because copper and bronze were used to make tools and weapons (see below). This was a big improvement over stone tools and before the discovery of iron.



The Bronze Age is also when we see the rise of farming.

In March 1963 a large piece of curved oak was found at Tinsley during works at the Steel Peech and Tozer factory. It was found buried in silt 5.5m deep at a point on the course of Chapel Flat Dyke.

It was found "projecting out of the side of a tunnel which was driven from a 20 foot shaft" (from a letter of the time from the then Deputy Director of Sheffield City museum 1963).

The find was taken to Sheffield Museum and then left to dry in sand for a year. The canoe is sadly not complete but the section we have is 3.15m long, 35cm wide and 17cm high.

Because of the very minimal study so far we need to remain open minded about the find, but it has been carbon dated and experts think it is between 4034 and 3704 years old! That would make it Bronze Age! And the work that has been done on it so far does suggest that it could be a logboat – a boat carved from a single log of oak using only stone tools.

The boat is currently in the Weston Park Museum Store but, the museums are keen to see it on public display in the next few years. Very little study has been done on the logboat but it has recently been brought to the attention of Dr Keith Boughey, a very well respected Prehistoric Archaeologist, he has written an article about the boat which will be

published in the National Archaeology Journal " Prehistoric Yorkshire" in March 2015 (a preview copy is available through Sally Rodgers – Community Archaeologist).

In his article Dr Boughey concluded that the boat could well be "the oldest British logboat from any river draining into the North Sea".

Sally Rodgers the community archaeologist currently working on the HLF funded 'Exploring Tinsley Manor project said " this is an amazing find – the only prehistoric boat ever found in South Yorkshire! and deserves more work, I would love to find out more about where this boat came from where it was going and what it could tell us about the prehistory of Tinsley, it would be great to see a reconstructed picture of the boat"

Chapel Flat Dyke is a small stream, which joins the River Don underneath what is now Magna, the stream can be seen in Tinsley from the public footpath at the bottom of Highgate.

A group of local organisations have begun to think about how we can raise the profile of Chapel Flat Dyke, which as well as containing a probable Bronze Age logboat, was also possibly diverted during the Roman period to provide water for the Roman Baths at Templebrough Fort (now buried underneath Magna) if you would like more information to join in with our plans please do get in touch via Tinsley Forum