



# Tinsley Tribune

newsletter of Tinsley Forum

December 2013

Our aim is to improve the quality of life for all the people of Tinsley

## Tinsley Green site for New School the only option with the money available by Clive Betts MP Educating Tinsley's Children away from pollution must be a priority

In September 2015 the rising number of school children in Tinsley will mean that the Council will have to provide more places either by extending the existing schools or building a new one.

Because the infant school site is full the only way more places could be provided is by moving the nursery to Tinsley Green. This is not a good solution as parents could end up taking children to three separate buildings.

The other serious problem is the level of nitrogen dioxide on both the junior and infant school sites. These are well above acceptable limits. It would have been better if the schools had been moved away from the motorway years ago. It is completely unacceptable to think of building a new school on the junior school site and exposing further generations of children to the pollution.

The Government have only given the Council £1.7m for additional places. A new school could cost about £6.5m, obviously this leaves the Council with a gap in funding. With the enormous cuts in Government grant the council can't make up the difference.

However we do have the Tinsley Green Centre which is only partly used now and the council own the building. If that were extended to provide space for the nursery, infant and junior school it would bring the costs down and the council would try and find the extra money needed.

We understand the concern that many will have about building on the park and if there was another easy alternative the Council would not propose it. If an extension to Tinsley Green were built with two storeys the great majority of the green space would remain.

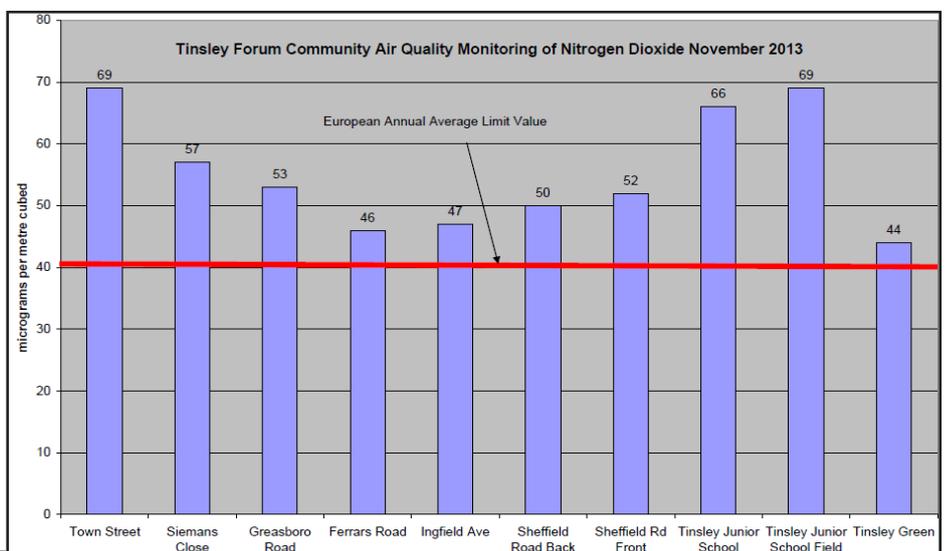
I know you may still have reservations



The preliminary proposed new school footprint would incorporate the existing footprint of Tinsley Green Centre

and I'm pleased to receive your views. In the end however the extra places have to be found and no reasonable person would want them provided in a place which is so polluted.

I have written to the Schools Minister asking for extra money to allow buying and building on a vacant site. If he says no we all need to consider what is best for our children.



# Healthier Tinsley tackles diabetes



Over 32 local Tinsley residents came along to the Diabetes Information event held on 12<sup>th</sup> June at Tinsley Community Centre and coordinated by Darnall Well Being.

**Eye screening and advice** was offered by Helena and Alan from Sheffield Diabetic Eye Screening Service. Their message is that eye screening is free of charge for people with diabetes and they will need to have their eyes screened every year.

The NHS **Podiatry Mobile Unit** provided one to one advice to diabetics about caring for their feet.

The **Community Support Worker** from Sheffield City Council, Liz Morley, who is working in the Tinsley area met local residents and talked about housing, health, social care and living an active life.

The **Tinsley Health Trainers** were also on hand to give advice on healthy eating; tasters to introduce the importance of a healthy breakfast and slow releasing energy food such as porridge with fruit and nuts, which help keep you full for longer.

The healthy snacks available reiterated the importance of eating fruits and vegetables as part of a healthy diet, which helps to provide vitamins, minerals and fibre.

The importance of maintaining good levels of

**Vitamin D** was also promoted. We get most of our Vitamin D from the sunlight on our skin as well as some foods.

Lack of sunlight and covering up our skin reduces the amount of Vitamin D we receive and can lead to Vitamin D deficiency. This can cause weak bones and teeth in children and painful bones and muscles in adults.

Vitamin D is also found in some foods, such as, eggs, oily fish (mackerel and sardines) and fortified breakfast cereal.

**Highgate Surgery** staff were on hand to do blood sugar tests, referring individuals to their GP if their blood sugar was higher than normal for someone who has not been diagnosed with Diabetes.

**Other activities happening in Tinsley:**

**Women-Only Health Walk;** the group sets off at 9.15am from Tinsley Green every Thursday for a local, gentle walk which provides a great way to increase exercise and meet new people. The group have a break for Christmas from Thursday 19<sup>th</sup> of December and will resume on the 16<sup>th</sup> January 2014.

**Women-Only Chairobics** is held on Wednesdays at Tinsley Community Centre it is gentle chair based exercise to music. This session will also be having a break for Christmas from the Wednesday 18<sup>th</sup> of December and will restart on the 15<sup>th</sup> of

January at 10am.

A new **Conversation Club** for women only has just started on Thursdays (12:30-2:30) at Tinsley Forum, Bawtry Road. Its aim is to improve English, develop confidence and improve communication skills. Why not join us, spaces are available.

**Tinsley Community Stop Smoking Service.** Free 1 to 1 help to quit smoking. Stopping Smoking is a health change that can make the biggest positive difference to you. With help, you double your chances of giving up smoking. Ring the office on 0114 249 6315 to speak to one of our advisors. Or text 'quit' & your name to 07825 290 770.

**Contact us**

If you would like **one to one support to help you make small changes** to improve your health or to find out more about the activities above, please contact Darnall Well Being on 0114 249 6315. Remember...

*"There are other ways to make your health better"*

**Are you looking for employment, training or volunteering opportunities?**

We can provide a friendly and professional service tailored to your needs. We have skilled and experienced advisors with the know-how to listen, understand and help you access the right opportunity. We will work with you to understand and address the factors that may be preventing you from accessing employment or training. These factors could relate to housing, childcare, debt, qualifications, interview skills, work experience, confidence or health.

**How can Tinsley Forum help me?**

Based at the Tinsley One Stop Shop, we offer a range of free support services to meet your employment and training needs:

**Training Support**

- 1-2-1 support and skills assessment from a qualified advisor
- Employability and ITC training courses
- Signposting to training courses, for example ESOL, Vocational training

**Employment Support**

- 1-2-1 employment support tailored to your needs
- Action planning and regular review of your goals
- Careers advice
- Signposting to specialist support services, for example, debt support.
- Interview skills, job search & job application support
- Work placements
- Continued support when you are 'in work'
- Better off calculations

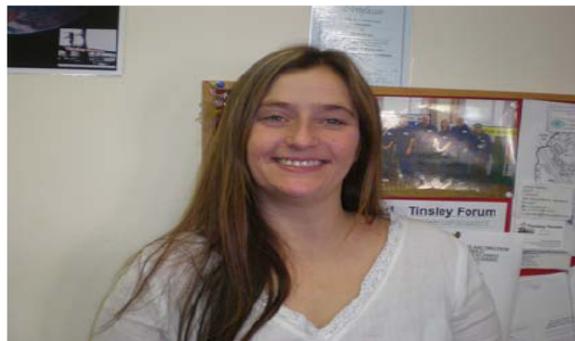
**Work Club**

- Online IT facilities
- Support with interview skills, job search, CV building & completing applications

**Volunteering**

- Signposting to a range of volunteer placements
- Opportunities to volunteer at Zest
- Support and guidance while on placement

To find out more please contact the Tinsley Forum Employment Team on (0114) 2444887, email: [admin@tinsleyforum.co.uk](mailto:admin@tinsleyforum.co.uk) or call in at the Tinsley One Stop Shop, 120-126 Bawtry Road, Tinsley, Sheffield, S9 1UE.



**Tinsley Forum**



LOTTERY FUNDED

# 'Exploring Tinsley Manor' project

Heeley Farm is working with Tinsley Junior School, Wessex Archaeology, community organisations and local volunteers to investigate the fascinating history of Manor Farm, possibly the remains of Tinsley Medieval Manor, buried underneath the school field. The project is based at Tinsley Junior School where the whole school is working with professional archaeologists and artists to discover and interpret the history of the Manor House itself

Since the beginning of the new school year the project has been very busy!

In September we worked with Tinsley Library and St Lawrence Church to take part in the 'Heritage Open Days' scheme, a national event to raise awareness of heritage and to encourage people to visit new places, we held a fantastic, two day archaeological, local history display and opportunity to find out and contribute to the project in the library where we spoke to lots of people. St Lawrence Church held a very special Heritage Open Days' coffee morning with an opportunity for everyone to explore some of the fantastic archive documents and objects held in the church, this was really well attended and very interesting. As part of the event the Exploring Tinsley Manor team pre-launched the local heritage work our volunteers have been working on, we had some great feedback for example:-

*"I went on the walk 7 found out really interesting, now looking at Tinsley with new eyes. I had grandparents that lived here and my dad went to school here so it was lovely to walk in their footsteps"*

We will be developing the walk and will officially launch it next year.

Weekly in school sessions with the new Year 5 class are now well underway, The children have been on several local walks learning to



Heritage open in Library

read clues to the past in the urban landscape, looking at old maps and photos and finding out how Tinsley has changed over time and how to use archaeological skills to find out more.

At the end of term the children have had all sorts of fantastic visitors into their classes all of which have talked to them about Tinsley at different times including Alison, who was the last person to be born at the Firs Farm (now buried under the school itself) who also went to Tinsley Junior as a little girl visited with lots of photos and stories, Josie who has lived in Tinsley all her life came and shared memories of changing Tinsley. The children were also visited by a few 'time travelers' including a Anglo Saxon Farmer and 'Ben' who worked on Manor Farm between the 1890's and 1950's.

We have also been spreading the word about Tinsley's fantastic history locally and across the city. The project took a display and information to the 'Clean Up Tinsley' day and the Tinsley Forum meeting, we had a big display at the annual South Yorkshire Archaeology Day in November where we



introduced the project to people across the region.

We have been working with the Brinsworth History group, who took part in the Geophysical survey of the site back in May, over the last few weeks they have helped to process some of the archaeological finds from the summer excavations and have helped with some research into the development of Tinsley in the Sheffield archives as part of a WEA 'Digability' Course they have been studying over the last weeks.

The support of local organizations and our fantastic volunteers are the key to the Exploring Tinsley Manor Projects success, we would like to thank everyone who has contributed so far, the project is building and we look forward to updating you about our exiting plans for 2014 in the new year. Our volunteers are continuing to busily research the site and collect memories and information.

If you would like to get involved in any way – especially if you remember the farm buildings! Please get in touch with Sally Rodgers, Project Officer, e-mail [youngroots@heeleyfarm.org.uk](mailto:youngroots@heeleyfarm.org.uk), phone 01143039981 or 07932867750



# Work Starts on Tinsley Link Road in January

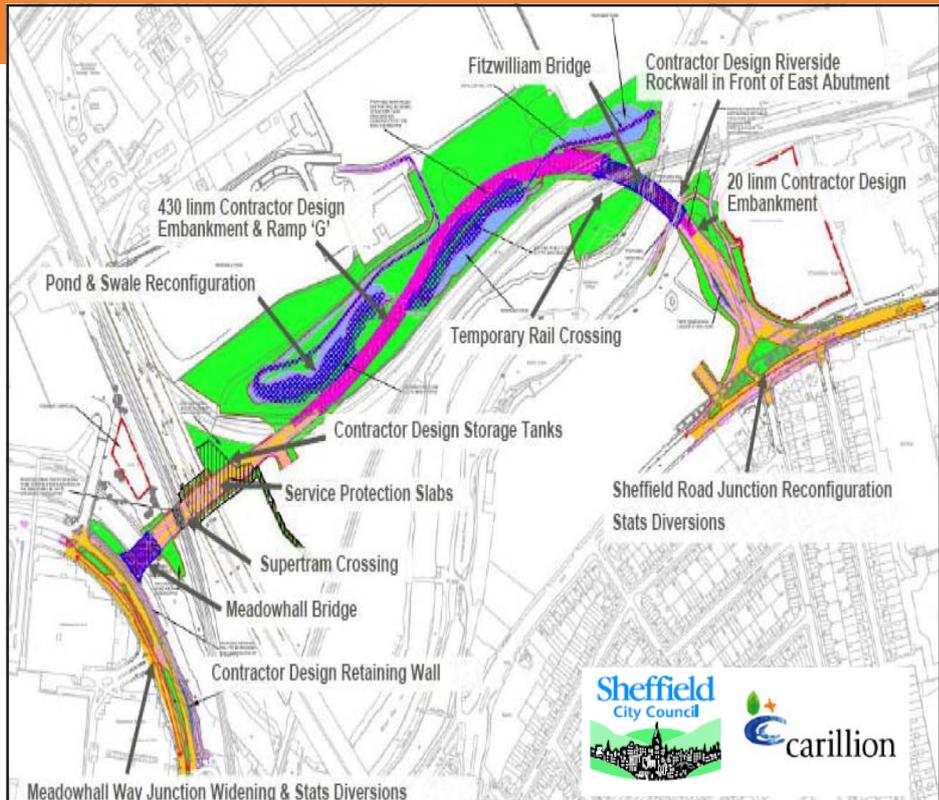
In January 2014 work will commence on the Bus Rapid Transit (BRT) North – Tinsley Link Scheme. Sheffield City Council has appointed Carillion Construction Services as the main contractor for the construction of the scheme which will connect Meadowhall Way to Sheffield Road.

This project will be of particular benefit to people travelling between Sheffield and Rotherham using buses or other vehicles who use Junction 34 (south) of the M1 Motorway, and includes measures to prioritise bus movements. The road will run under the Tinsley Motorway Viaduct, over the tram tracks and existing railway line and will cross the River Don in two locations.

For most of its length Tinsley Link Road will comprise a 7.3 m wide single carriageway with one lane in each direction and will have a speed limit of 30 mph. On the northern side of the road there will be a 2 m wide footpath and on the southern side a 3 m wide shared use footway and cycleway.

The Link's approaches to both Meadowhall Way and Sheffield Road will be widened to two lanes; the additional lanes will be bus only lanes. The traffic signals at each end of the Link Road will incorporate detection measures that allow buses using Tinsley Link to gain priority over other road users.

The nature of the works means that some disruption will be unavoidable to the traffic flow along Sheffield Road and Meadowhall way. In order to keep this to a minimum,



Sheffield City Council have developed a traffic management strategy that provide rules for when Carillion can undertake works which may affect the highway and its users. Residents and businesses directly affected by the works as they progress will be contacted to discuss potential issues, general updates about the works will be issued on a regular basis. Those affected by service diversions should be contacted by the service company

in advance of their works.

The Tinsley Link forms a key part of the Bus Rapid Transit Northern Route scheme which connects the centres of Rotherham and Sheffield with each other and to existing and proposed development sites in the Lower Don Valley that are now part of the Sheffield City Region Enterprise Zone. Further information on Bus Rapid Transit can be found at [www.sy-busrapidtransit.co.uk](http://www.sy-busrapidtransit.co.uk)

Date	Key Activity or Milestone
6 January 2014	Commence on site works at Meadowhall Way - Phase 1
6 January 2014	Commence on site works at Sheffield Road
January 2014 - March 2014	Site clearance
March 2014 - October 2014	Enabling works and service diversions at Sheffield Road
October 2014 - December 2014	North footway and carriageway construction at Sheffield Road
May 2014 - February 2015	Main embankment wall and fill construction
January 2014 - May 2014	Re-profile the ponds in EON Land
February 2014 - May 2014	Substructure works to Meadowhall Way Bridge (piling and ground works)
April 2014 - December 2014	Superstructure works to Meadowhall Way Bridge (abutment, pier and deck works)
January 2014 - August 2014	Fitzwilliam Bridge - substructure works
August 2014 - February 2015	Fitzwilliam Bridge - superstructure works
November 2014	Commence on site works at Meadowhall Way - Phase 2
November 2014	Traffic switch on Sheffield Road
Late Spring 2015 / Summer 2015	Planned completion - Meadowhall Way Junction
Late Spring 2015 / Summer 2015	Planned completion - Sheffield Road Junction
Planned Completion	Summer 2015

## Tinsley Youth Club reopens

After nearly 3 years of being closed the Youth Club in the park has recently reopened. Young people have campaigned tirelessly for the youth club to reopen since its closure in 2010 and have put mounting pressure on Sheffield Futures and local Councillors to get the building back open. A petition from young people was served to Sheffield Futures manager John Burke at a Tinsley Forum meeting which paved the way for discussions to take place about getting repairs to the building undertaken so it could reopen. Young people's endeavours became a reality in October this year when John Burke announced at Tinsley Forum's meeting that the youth club would reopen in November 2013, initially one session per week on a Wednesday evening but with the potential for further sessions to take place through community involvement. Further details of how people can become involved will be given in the next issue of the Tinsley Tribune or workers can be contacted on a Wednesday evening between 6-8pm.

