



Tinsley Tribune

newsletter of Tinsley Forum

December 2010

Our aim is to improve the quality of life for all the people of Tinsley

Tinsley Canal Towpath improvements start to take shape

Tinsley Towpath project has completed its first phase, vegetation clearance and tree surgeon work. This has opened up the path making it a lot safer for people to walk and provided interesting new views of the River Don previously concealed by brambles and trees. One of the project aims is to encourage Tinsley residents to explore the canal and river walks in the area. The work is being carried out between Wharf Road bridge and the bridge over to Tinsley/ Meadowhall Tram Stop. The next stage will see new lighting under the M1 viaduct followed by resurfacing of the towpath.



A view of the opened out towpath from Wharf Road Canal Bridge

Winter Warmers on the Blue Loop
As part of the winter events season the Blue Loop River

Steward will be leading a series of easy walks around the Blue Loop. Come for a walk, stretch your legs, walk off the Christmas pudding and see the wonderful winter views along the River Don & Tinsley Canal. We will be stopping half way around the walk to warm ourselves with a hot cuppa and

some biscuits. **Be sure to bring waterproof shoes and warm clothing. All children must be accompanied by a responsible adult.**

The first date is as follows:
Sunday 9th
January 2011
10 am - 12 noon
Meet outside Tinsley Green Park on Bawtry Road, S9 1UA.



Head towards Rotherham on the towpath and you soon get to Halfpenny Bridge where the River Don and Tinsley Canal meet.



Towpath project funded by
CommunitySpaces



we aim to deliver to every household in Tinsley

Volunteers in Action



A group of volunteers from St Thomas Church Crookes planted Spring Bulbs on Ackworth Drive and did some litter picking around Sheffield Road in October. A big Thank You from Tinsley Forum

Air Pollution causes Asthma says Government Medical Experts

The Department of Health's Committee on the Medical Effects of Air Pollution (COMEAP) issued a new paper in November on the links between air pollution and asthma. It says that air pollution does not just exacerbates asthma in existing sufferers, but play a part in the onset of the disease for those living near busy roads.

M1 pollution

Tinsley Forum have written to the Highways Agency who are responsible for the M1 Motorway asking for reassurances that air pollution in Tinsley will be below the levels set by European law by 2015. Why 2015 this is because the UK Government are expected to ask for more time to reduce pollution. Air pollution has not been a high priority even though the health effects of air pollution leads to 500 premature deaths in Sheffield and several thousand emergency admissions to hospital for respiratory ill health each year.

Blastoff champions!



Two junior teams entered the Blastoff finals (a project funded by ABC and led by Activity Sheffield) with the U13 Tinsley Milan (aka the 5 lions) winning the final for the first time after coming runners up last year, scoring 2 goals in in the last 9 seconds against Heeley City. Tinsley Milan team had won every game in the qualification round. The boys will now play in the City wide

Blastoff finals on November 13. The under 12 side also did extremely well coming third in their group and just missing out on a semi final place on goal difference. thanks to all the people at Activity Sheffield especially Imtiaz, staff at Tinsley Forum and Dean at Tinsley Green. And a great Well done to all the players!

Time for Nursery?



Tinsley Nursery Infant School offers free part-time early years education for 3-4 yr olds in a modern, bright, well resourced environment. Why not come and see for yourself? We have an Open Week beginning 6th December 2010. Ring us on 0114 2441842 to arrange a visit if you are interested in applying for a place.

" The seeds of pupils' strong personal development and love of learning are sown during their first positive experiences of school" (OFSTED 2009)

Tinsley Tribune, Tinsley, Tinsley One Stop Shop, 120-126 Bawtry Rd Tinsley, S9 1UE phone Neil Parry on 0114 2859911. The views of contributors are not necessarily the views of Tinsley Forum or East End Quality of Life Initiative

Highgate Surgery News

Young people achieving an Asdan Certificate for the Personal and Social Development Qualification



A student doing a confidence building exercise

Highgate Surgery celebrated its official re-opening by the Lord Mayor on 13 October following a scheme of re-development. The event was well attended by the Tinsley community, residents, patients and staff – thank you to everyone for attending and making the afternoon really successful. The surgery has completed an internal and external GP patient satisfaction survey. Patient views were very positive about the practice, and satisfaction scores have improved significantly over the last 12 months, specifically patients are a lot more happy with:

- Access to an urgent appointment

- Booking appointments
 - Satisfaction with reception
- Overall satisfaction with the surgery
The surgery has recently implemented some new developments to benefit patients:
- Internet appointment booking and prescription ordering.
 - Late evening clinic 6.30 – 8.00 pm
- Protected appointments for workers
Any questions or enquiries regarding the surgery please contact: rachelpickering@nhs.net

Embrace –The Children’s Society and Tinsley Forum led a 10 week personal development programme for young people (13-16 years) from Tinsley. The programme supported a range of positive activities and extra support with English language skills. The group of young women that took part all gained an ASDAN certificate of achievement. Here’s what some of the young people said about the programme:

Girls group is good for young women. We started in June we met at Tinsley Community Centre and Tinsley Forum every Monday evening. We played team games paper towers, arts, making masks. We planned our group trip to Hollywood bowl. We made films about the whole group. Alex (15) said “we made new friends and learnt English” Vierka (13) said “It was fun I learnt to research on a computer”

Your Darnall Ward Councillors



Councillor Mary Lea	Councillor Mazher Iqbal	Councillor Harry Harpham
Surgery: Darnall Library 2nd Saturday of month	Surgery: Darnall Library 3rd Saturday of month	Surgery: Tinsley One Stop Shop, 2nd Monday of month. Greenlands Court Community Rooms 1st Monday of month
Mobile number 07711917232	Mobile number 07792127843	Mobile number 07828440187



New look for Highgate Centre Update



In the last newsletter you read about plans to improve the space in front of the shops on Bawtry Road, slow traffic down, make it easier for pedestrians to cross the road and create more of a village feel to this local shopping centre.

Since then people who live near to the local centre have received a letter with more details about the plans, local traders have been contacted about the proposals and the design was presented by the South Sheffield Regeneration Team to the Tinsley Forum meeting on 30th September.

The proposals have been very well received by local people and traders. Some concerns have been raised about other highways issues in the area – such as the speed of traffic. These issues have been passed onto the Council’s Transport and Highways team so that when they are planning future highway developments these views will be taken into consideration.

Since the last newsletter the South Sheffield Regeneration Team have been working with Tinsley Forum and East End Quality of Life Initiative to provide some fencing on the junction of Old Sheffield Road and Wharf Road to prevent fly-tipping onto the canal. The South Sheffield Regeneration Team is going to pay for this fencing to be put up. Below is a photo of the new fencing. This fencing will help to ensure that the canal is a clean and safe environment for everyone.



TLC for teeth in Tinsley

Surveys of the health of the teeth of children in Sheffield have found higher than average levels of tooth decay in Tinsley. Children in Tinsley have four times as many teeth affected by decay as children in other parts of the city. To help reduce levels of decay in Tinsley a special team of dentists, community workers, health visitors and health promoters has been set up. The Darnall and Tinsley TLC for teeth team will be working together to find ways to make sure the people of the area have healthier teeth. The team will be giving out free toothpaste and toothbrushes, helping people find a dentist, giving talks to parents and children and advising people how to take care of their own teeth.

Tooth decay can be prevented by following a

few top tips:

- Brushing with fluoride toothpaste
- Start brushing children’s teeth as soon as they come through.
- The whole family should use fluoride toothpaste to protect against tooth decay.
- Toothbrushing should occur twice a day –last thing at night before bed and at one other time each day.
- Children need to be helped or supervised with brushing by an adult until they are 7 years old.

After brushing encourage your child to spit out excess toothpaste but do not rinse, this will mean the fluoride has more time to protect the teeth.

Healthy eating

- Sugary food and drink between meals can damage teeth and cause tooth decay. Try

to keep these foods to meal times only.

- Safer snacks for teeth include bread, toast, naan, cheese, fruit and vegetables.

Milk and plain water are the safest drinks for teeth.

Visiting the dentist

- The whole family should go to the dentist regularly for check ups. You should start taking children to the dentist at an early age. In the Darnall and Tinsley area we have several dentists who are taking on new NHS patients. If you would like an appointment with a local dentist telephone the dental helpline on 0114 3051510. If you need to see a dentist urgently phone 08447368440.

If you would like to contact the Darnall and Tinsley TLC for teeth team or find out more information, please email DPHU@sheffieldpct.nhs.uk or telephone: 0114 2716142