



Tinsley Tribune

newsletter of Tinsley Forum

December 2007

Our aim is to improve the quality of life for all the people of Tinsley

Building bridges, having fun!!

In Spring 2007, a group of local young women were supported by Tinsley Forum Youth Project to write a successful bid to the Youth Opportunity Fund and received over £7000 to run a residential and follow-up activities for local young women. The aim of the trip was for young women from different backgrounds to get to know each other and break down barriers. So, in October 2007, a group of 14 young women from Tinsley and Wybourn went to Lockerbrook, an outdoor activity centre in the Peak District, where they enjoyed three days of caving, team building activities, fun and games... and a really spooky Halloween party out in the hills!!!! Everyone got on really well and a great time was had by all! The group will now be doing activities together once a month, to build on all the new friendships that have been made.



LoCKeRbRooK by Natasha Iqbal (age 12)

Before I went on the residential, we had to come to Tinsley Youth Project to do a bit of planning about what we were going to do there and what we were going to eat. I was really happy that we were going.

Monday- When the day came we all met up. I was really worried at first about the other girls who I didn't know but it all went well. After a bit we arrived there. We played a few games with the group - it was a really good way of getting to know each other. After lunch, we did orienteering, I love orienteering and we won - we got a prize which was very nice. Then we had a little bit of social time, all of the girls were playing hide and seek including me, it was great fun. Then we made pizzas...then the people who wanted to carve a pumpkin got to - I found it quite hard. Then we could do what we want till bedtime. Me, Laura and a few other girls played cards. I learnt a new game and that was the end of the day for me.

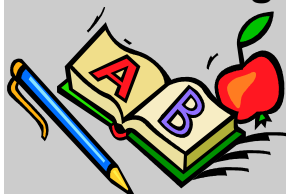
Tuesday- Today we woke up and went down to breakfast. I was quite worried about caving but we did a few planning and I found out a few other people were scared as well. Then we split up into 2 groups. We did caving first - it was right good but after a bit it was time to go. when we got back we did a few other team games.

We had a little bit more social time after lunch for showers and any other stuff because it was our disco which I was really looking forward to. Disco time came...it was good. They had face painting, nail art and games - it was wicked.

Wednesday- Today was the day we had to go home. I wasn't happy at all. I didn't want to leave. We all had chores to do. I didn't mind doing them but the boot room stank! I was really upset that we were going.

ALL I WANT TO SAY IS THANKYOU FOR TAKING US ON THIS TRIP

Want to help people learn English?



Tinsley Forum and SAVTE will be running a course for people who want to be-

come volunteer English teachers.

The course will begin in February 2008. It will run one morning per week for nine weeks and will give you an OCN Level 3 Certificate.

If you are interested, please contact Janet / Martin / Laura S at

Tinsley Forum 0114 244 4887.

we aim to deliver to every household in Tinsley

Meadowhall Retail Employability Programme with Guaranteed Interview or Training Placement

The Tinsley Forum Jobnet Service is working with The Source at Meadowhall to provide places for people in Tinsley who are not working and not in full-time education, to register onto a Meadowhall Retail Job Employability programme that offers the prospects of a guaranteed Job interview with an employer, based within the Meadowhall retail complex.

This course is FREE of charge and subject to an assessment at Entry Level 3 in English and Entry Level 2 in numeracy with a requirement of course attendance, 2 days (Thurs/Friday) over 6wks.

These places are very popular, so if you would like further information or to register your interest, please contact Jobnet as soon as possible on Tel: 0114 2445400 and ask for either Helen or Vicky.

Please note that people looking to find paid employment or voluntary work have the option of an in-depth advice and guidance interview.

Helen Murphy
Jobnet Service
Employment Advisor

Tinsley Library

coffee morning sessions take place every Tuesday from 10-11am.

read a book and chat with friends, tea/coffee 30p per mug everyone welcome to join in.

Babytime for under 5's

Excellent opportunity to introduce young babies to the library and books, make new friends and build confidence while learning new skills. the sessions are:

14th December 07
18th January 08
10-11am

Councillors Surgery

Councillor Mazher Iqbal holds a surgery at Tinsley Library on the 3rd Saturday of the month from 10.30 – 11.30 am
Phone 07875069617

Now it's even easier to find out what's going on for over 50's in your local area!

In October's issue we reported on the new website launched by Age Concern Sheffield. The website is designed to provide up to date information about services for the over 50's in Sheffield. It can be found at:

www.oldersheffield.org.uk.

There are over 900 local services, clubs, activities, courses, advice centres and practical help listed on the website with more being added all the time.

Age Concern Sheffield has recently added another two ways of searching, making finding what's going on in your local area even easier!

If you would like any more information about the www.oldersheffield.org.uk website, if you would like to add services that are not currently listed or if you have any feedback on the website, you can contact Mark, Ruth or Serena at Age Concern Sheffield on 0114 253 7691.

Anyone can use the website but if you don't have access to the internet Tinsley Forum at Tinsley One Stop Shop will sort it for you, so why not go along and ask them to do a search for you? Their address is 120-126 Bawtry Road, Tinsley, Sheffield, S9 1UE or you can phone them on 0114 2444887.



Well done to Lauren who won first prize of a Sheffield United Shirt at the 'guess the number of sweets in the jar' stall at the fun day in August

'Who We Are' – the Year 7 Hearts and Minds Project. Brinsworth School

The past is coming to life for students at BCS. Having secured a £10,000 grant from the Heritage Lottery Fund to explore the rich heritage of the Brinsworth area, Year 7 students and staff are now working in partnership with Brinsworth Local History Group and Sheffield Wildlife Trust (SWT), students are learning more about their local area and shared local history.

A group of 11 and 12 year old pupils took part in a workshop with the Bard of Barnsley, Ian McMillan on Thursday 22nd November. 38 Y7 students worked with him to create a one off 'Musical in a Day' which they performed for the rest of their Year group.

A key part of the project will be the archive that the school will create. We hope to get materials from the local areas reflecting the diverse backgrounds of our students. We would like photos, recordings, maps and other memorabilia. One aspect to be covered will be a history of Brinsworth Comprehensive School - so old photos or stories would be welcome from any former members of staff or ex-students! Please contact Sharon Newton on 01709 828383 if you can help us.

Futsal Fireworks!

Sparks flew when the U12 Tinsley Green futsal squad spent time over October and November (bonfire period) attending training sessions at the English Institute of Sport culminating



in a 10-3 victory over more senior players. This has resulted in the squad being entered in the junior futsal league which starts in January 2008. Thanks are due to Tinsley Forum, especially Laura, Michelle and Alan for all their support for the project. Special thanks to Roger for awarding us funding over October and November. Thanks are also due to Dean, Gordon and Kevin at Tinsley Green and Gareth from Activity Sheffield. Finally thanks to parents and volunteers; Big Nas, Big Shabz, Shahid and Rashad.

Tinsley Tribune, Tinsley, Tinsley One Stop Shop, 120-126 Bawtry Rd Tinsley, S9 1UE phone Neil Parry on 0114 2859911 or Anne on 2444887
The views of contributors are not necessarily the views of Tinsley Forum or East End Quality of Life



SAVING ELECTRICITY AT HOME

Five things that cost you nothing but can save a lot
Try these at home and save £100* a year

KITCHEN

When you make a drink, only put as much water in the electric kettle as you need. It will boil quicker and save energy.



Energy Fact

Boiling one cup of water instead of a full kettle 5 times a day can save £30 a year. (£6.5m for Sheffield)

If everyone in Sheffield did these it would save £21m a year

LIVING ROOM

When you're not watching television, switch it off at the set or the wall, not the remote.



Energy Fact

A television left on standby can use more electricity when it's off than when it's on. Switching it off can save up to £11 a year for each set you have. (£2.25m for Sheffield)

ALL ROOMS

Switch the lights off when you leave a room.



Energy Fact

Each 60W light bulb that's left on for 4 hours a day will waste £9 a year. (£2m for Sheffield)

STUDY

If you're not using your computer for a while, switch it off. It only takes a few seconds to come back on when you want it again.

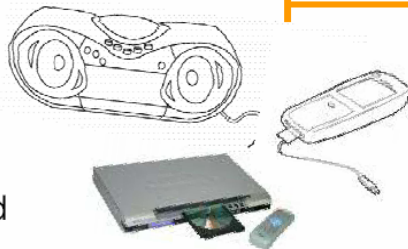
Energy Fact

A 17" CRT monitor left in sleep mode for 8 hours a day when it could be switched off wastes £9 a year. (£2m for Sheffield)



BEDROOM

In a teenager's room a computer, games console, television, battery and mobile phone chargers, video/dvd, cd player and modem could be using around 75W just on standby.



Energy Fact

Switching these off instead of leaving them on standby for 15 hours a day could save you £41 a year. (£8.75m for Sheffield)

Switch it off

* These figures are based on typical equipment found in homes; some products are more efficient but many are worse.

is a joint energy saving campaign by Sheffield's East End Quality of Life Initiative, Darnall Forum and Tinsley Forum





Adult Cycle Training

Pedal Ready are the Council's accredited cycling instructors. They offer one-to-one training that can be tailored to your needs. More information on adult cycle training can be found on the Pedal ready website: www.pedalready.co.uk

A FREE 2 hour one-to-one cycle training session for any resident living in Sheffield*

- ⇒ Help with basic cycling skills
- ⇒ Help choosing your route, e.g. to work or leisure
- ⇒ Help cycling along your route
- ⇒ Male and female instructors available
- ⇒ Convenient training time

How to Apply

Pedal Ready application forms are available at Tinsley Forum.

FLU JAB!

Have you had yours yet?

Are you 65 or over (even if you are fit and well).

Or do you or your child have heart or kidney disease, diabetes or a chronic chest infection, including asthma, lowered immunity or liver disease?

Or are you a healthcare worker or the main carer for an elderly or disabled person?

If so you are advised to have a flu vaccination. Please contact your local GP surgery for an appointment.

What's happening to our



Tinsley residents recently expressed concern about late and missing bus services in the Tinsley area. Tinsley Forum asked the Bus company what was happening. This is what we got back. "I must apologise for the recent deterioration in reliability of bus services through Tinsley. Unfortunately the opening of the new Inner Relief Road in mid November has caused massive disruption to all bus services passing through The Wicker. This was not predicted and, combined with the pre-Christmas traffic issues around Meadowhall, has caused significant late running. On occasions certain journeys have had to be cancelled. We appreciate the problems this causes, especially on less frequent services such as 130 and 287, and we have been working with the city council to improve the situation."

Richard Simons
Service Development Manager, First South Yorkshire Ltd

If you would like to comment on this issue please fill in the grumble/praise part of the Tribune below and return it to Anne Saleh at Tinsley Forum. These will then be forwarded onto First Buses the more response we get the more they will have to listen to Tinsley!

Tinsley Forum Bus Action Group will be holding a meeting on Tuesday 8th January at 10 am at Tinsley One Stop Shop to plan our campaign

Tinsley Advice Service

Tinsley Advice Service has recognized the needs of the local community and is always eager to improve the service.

One of the hurdles we have faced was the language barrier, as we secured funding we managed to arrange a Polish/Slovakian speaking advice worker on Mondays and Tuesdays. We also have a Czech Republic volunteer who understands certain European languages. To help the community on their doorstep the following outside organizations hold their surgeries at Tinsley One Stop Shop.

- Arches Housing -**
Monday 10am - 12pm
Liberata
every 2nd Tuesday 9.30am – 2.30pm
- Property Shop**
every 2nd Wednesday 9.30am – 12pm
- Irwin Mitchell's Solicitors**
(Upon request)
- Sheffield Occupational Health Service**
(Upon request)
- LEA**
(Upon request)
- Morgan Dias Immigration Solicitors**
(Upon request)

Volunteering Project

As from January Janet will be job sharing with Martin Poole. So if you have any queries or would like to find out about volunteering or future courses, then contact either Martin or Janet at the Forum on 0114 2444887.

Martin Poole

I am married with two children. I have lived in Tinsley all my life. I started my volunteering in June 2007 at Tinsley Forum.

Praise or Grumble

This is your opportunity to let us know if you have anything you wish to tell the Forum. Please fill in the slip below if you wish to inform us about:

- Complain, (local rubbish collection, nuisance neighbours, traffic etc)
- To report an incident anonymously (racial abuse, concerns about car/house/ street crime)
- To praise or congratulate (Awards/successful funding bids, positive community involvement).
- General comments

Name (optional).....

Address (optional).....

Comments

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Please drop your slip at the Tinsley Forum. Or post to Tinsley Forum 120 – 126 Bawtry Road, Tinsley, Sheffield, S9 1UE

Or if you wish to put an article in the next Tinsley Tribune please contact Anne Saleh at the Tinsley Forum. **All comments will be kept confidential and passed on to the relevant services if necessary.**