



A Job – Finally!

Who says 'I can't get a job?' – Congratulations to 'Yasmin Hussain' who has recently landed herself a job at Capita as a Customer Service Representative. 'It has been a good few years since I've worked. I know I can still do it, but I just needed a helping hand to take me through the intermediate steps to build my confidence and get back into employment. If it wasn't for the Employment Team at Darnall Forum helping me with my CV and my job interviews then I don't know if I would be working right now', said Yasmin. So, getting a job in a finance sector even today is definitely possible.

■ If you need this sort of help call 0114 249 0099, or pop into the office.

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Did you go to Whitby Road School?

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We are celebrating our
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For further details please contact us on 244 2189
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If you have an idea for a story for this newsletter please contact Anne at Darnall Forum (0114 249 0099). We are always looking for good ideas for stories so we'd love to hear from you.

Praise or problem? Let us know about it

Is there anything you want to tell us about, good or bad? If you want to let us know about something we have done well, or something good happening in Darnall, or if there is an issue that we need to act on, you can let us know in confidence.

Name:

Address:

Comments:

Please drop this slip in to Darnall Forum or post it to Darnall Forum, 245 Main Road, Sheffield S9 4QD or call us on 249 0099.

If you need this in another language or format call 0114 249 0099

যদি আপনি এই সংবাদপত্রটি অন্য কোন ভাষায় পেতে চান তবে,
দয়া করে সাবানার সাথে ০১১৪ ২৪৯ ০০৯৯ নম্বরে যোগাযোগ করুন।
Haddii aad ku dooneysid warqadan luqaad kale fadlan lasoo xidhiidh Shabana
Talefaan Lambarka: 0114 2490099

إذا كنتم بحاجة لهذه المجلة بلغة أخرى، نرجو منكم الاتصال بـ 'شبابنا' على هاتف رقم 0114 - 249 0099
اگر آپ کو یہ نیوز لیٹر کسی اور زبان میں درکار ہو، براہ مہربانی شہابنا (Shabana) کو فون کریں: 0114 - 249 0099

DARNALL HERALD

Community News

From Darnall Forum | January 2009



Darnall Forum
Serving the local community

2009 Tree-planting - everyone welcome

**Darnall Community Park
February 17th, 11am**

Three London plane trees will be planted to create a new avenue at the Wilfrid Road entrance to the park with the help of young people from DEC youth club and Darnall Green Spaces Rangers who are holding a willow weaving event 1pm-3pm.

**High Hazels Park
February 18th, 3pm**

The Friends of High Hazels will plant two replacement cherry trees in the formal garden with the help of Darnall Green Spaces Rangers who are holding a Sledge the Slopes' event 1pm-3pm.

**Phillimore Park
February 19th, 11pm**

Phillimore Park Youth Group and Darnall Green Spaces will be planting four mulberry trees and two medlar trees to form an avenue leading to the school.

Fruit Trees for Free...

Darnall Community Forestry is offering free fruit trees for Darnall residents. The trees selected are dwarf or semi-dwarf varieties and will grow to a maximum height of 4 metres. The varieties are apples and pears whose roots will not damage paths. You will need a space of at least three metres square and will have to plant the tree yourself, shortly after delivery in March 2009.

■ See inside for details of how to request a free fruit tree as well as more tree news...

What is Darnall Forum All About?

Darnall Forum brings together people who live and work in Darnall, Acres Hill and Attercliffe. Its vision statement is:

- To create a listening space for the community, and
- To work in partnership with other agencies and organisations to improve local services and help regenerate Darnall.

Anyone who lives or works in Darnall can become a member of the Forum simply by filling in one of our membership application forms. The members of the Forum Board, who run the Forum, are all volunteers from the different faith and ethnic groups in the area. They are elected by the members of the Forum at its Annual General Meeting. The Forum Board has 14 members, nine male and five female. Ten are from Black Minority Ethnic backgrounds and four are White. The Forum also has six full-time staff who work with local people.

Darnall Forum used to be funded by the European Union and still receives some public funding from the City Council, including the

local councillors who sit on the Darnall Area Panel. This is to help the Council deliver local services and consult local residents. However,

a growing proportion of our income comes from 'social enterprise', which is work we do for other organisations in Sheffield and across the region. Any profit that we make is ploughed back into providing better services for people in Darnall.

Darnall Forum is a voluntary sector organisation. It is a not-for-profit company and a registered charity.



Marie Gregory, Darnall Forum Vice Chair

If you would like to know more about our work please drop in to see Neil or Anne, phone us on 249 0099, or visit our blog at <http://darnallforum.blogspot.com>

Darnall Children's Centre Official Opening

Come along on Saturday 24th January 2009
from 10.00am to 1.00pm.

The Centre will be officially opened
by the Mayor of Sheffield at 10.45

An opportunity to find out about services and look around the Children's Centre and Darnall Community Nursery

Light refreshments

For more information phone 242 3510

Everyone welcome!



See Inside for ...

What's On in 2009 • MP Surgery Times • School Re-union
• Job Success Story • and More Tree Planting News ...

funded by



What's on in 2009

A guide to just some of the activities and courses available in your local community ...

Darnall Forum

Dates for the courses below have not yet been confirmed. If you are interested in any of these courses call Anne or Shabana on 249 0099.

Dance Days One-day, one-off dance days. These women-only workshops are a chance to get fit and try something different. The aim of the day is to learn a dance routine from beginning to end and have a lot of fun at the same time.

Computer Classes and Taster Sessions Have you always wanted to have a go on a computer, look at what's on the internet, but never had the chance, or the time? Then our sessions are just for you, our friendly tutor will show you just how easy it really is.

English for Speakers of Other Languages This popular beginners class is usually full, but please contact us if you want to be added to the waiting list.

First Aid One-day appointed persons course, suitable for community volunteers.

We also hope to be running other courses in the New Year, including: **Driving Theory, Islamic Calligraphy, Arabic and Advanced Make-up and Henna** courses. *These are dependent on demand, so please get in touch if you are interested – if there is enough people we will run the course!*

Family Development Project

See below for details of regular sessions for children and young people as well as courses for adults. Please call the project on 244 8497 for more details or to book a place.

Music Group 5-11yrs, Tuesdays from 27th January, 5-6.30pm.

James Games Wednesdays from 7th January, 3.15-5pm.

Homework Club Mondays from 19th January, 5pm at the Library.

Suzu Lamplugh (personal safety) Tuesday 10th February, 9am-4pm

Playwork Certificate NVQ (progression) 19 weeks from mid-February.

Food Hygiene 24th April and 1st May, 9.30am-12.30pm.

First Aid Details to be confirmed.

Activity Sheffield

Community Sports Leader Award This is a Level 2 award which includes 10 weeks of sessions, lectures and hands-on coaching, plus a 3-hour first aid course. For more information call James on 205 3725. *Please note places are limited.*

Learner Support Fund – Grants available to help those on a low income with the cost of training. Call Anne or Shabana on 249 0099 for more details.

Galeed House

A place where Christians from the Sheffield area meet with people living in Darnall. A place of meeting for promoting mutual understanding, sharing life experiences, having fun...

Regular weekly activities:

Kidz Club 5-11 year olds, Mondays, 6-7pm

Younger Boys Club 9-11 year olds, Mondays, 7-7.45pm

Older Boys Club 12 plus, Mondays, 7.45 - 9pm

Conversation and Comprehension English Intermediate level. Wednesdays, 12-1pm.

Mums Together Bring your children to play, but the focus is on Mums who will share experiences and discuss issues. Wednesdays, 1.30-2.30pm

Sewing, Lunch and Drop in for Ladies Thursdays, 10.30am-1.30pm.

Girls Club 8 years and over, Fridays, 6-7.15pm.

MEN! We have a request to start 'friendly' non-league football and cricket teams ... Anyone Interested?

We also have table tennis running on an ad hoc basis, but we can set up some fixed times if people want this.

Contact us on 244 4832 for more details or just call in at any of the times above. We are at 75 Nidd Road, off Staniforth Road near the Bangla Bazaar.

Phillimore Pupils Proudly Plant Pears!

On Thursday 26th November a team of dedicated pupils from Phillimore School planted four pretty ornamental pear trees on Coleridge Road. The pupils were assisted by Darnall Community Forestry and community wardens from Sheffield Homes. All the pupils involved are already members of the schools' two gardening groups so have a keen interest in making Darnall a greener place to live.

Leonie Kapadia, Community Forester for Darnall said, 'The pupils were really cheerful and their teamwork was fantastic! It's been wonderful to see them working together to make a difference to their local environment. I was impressed with their knowledge about the benefits that trees provide to the community. Not only did they know that trees produce valuable oxygen and filter pollutants from the air but they also recognised that they can help to take up floodwater and attract wildlife.'

Each tree was 'named' by the group who planted it, and the children have promised to keep an eye on the trees as they grow. One day, far in the future, they might even be able to show their own children and grandchildren the trees and proudly say – 'I planted that when I was at school!'



To get involved with tree-planting, or to request your free fruit tree (see front page) please contact Leonie Kapadia, the Community Forester for Darnall on 07976 988 627 or 0114 2500500 or email on Leonie.Kapadia@Sheffield.gov.uk.

Darnall Well Being

Lucy Chambers (pictured) has taken on the post of Development Worker for Darnall Well Being. Lucy will be working with staff and volunteers to promote activities, and support initiatives, that improve the health and well being of people living, and working in Darnall. As well as the current programme Lucy is hoping to focus on cycling in Darnall and the Darnall community allotment over the coming year. Another highlight for 2009 will be the second Darnall Health Week scheduled for 2nd-8th March.

For further details about any of the activities or projects, please phone Lucy on 0114 2496315 or 07858225089.

Introduction to Community Development and Health Darnall Library, Britannia Road, Wednesday 21st January, 9.30am-12.30pm. To confirm a place, book childcare or find out more, please call Lucy on 07858 225 089 or Mai on 305 1352.

Health Walk Mondays at 11am. Meet at the Old Café in High Hazels Park.

Further Afield Walk The Last Wednesday of every month (contact Darnall Well Being for more information).

Ladies-only Gym Session Monday and Thursday 5-7pm at the PMC, Woodbourn Road. Qualified instructor on hand.



Men-only Gym Session Mondays, 2-4pm at the PMC, Woodbourn Road. Qualified instructor on hand.

GP Referral Gym Session Thursdays, 12-4pm at the PMC, Woodbourn Road. For people who have been referred by their doctor.

Ladies-only Chairiobics Wednesdays, 12-1pm at the Subud Centre, Swarcliffe Road. Chair-based exercise suitable for most abilities.

Tai Chi Thursdays, 1.30-2.30pm, Horticultural Club, Staniforth Road.

Ladies-only Swimming Fridays, 10am-12.30pm. This includes transport to the swimming pool in Upperthorpe.

Complementary Therapy Fridays at York Road Medical Centre. Indian Head Massage and reflexology. Appointments available through your GP.

Stop Smoking Support If you are a smoker who would prefer to be a non-smoker, our new stop smoking specialist, Angela Holt (07505 608 320), can provide support designed just for you. Angela can come to see you at your home or workplace, or you can come to the office

Stopping smoking is a great opportunity to have better health and wealth for yourself and your family.

Darnall Well Being will be holding their Annual General Meeting on Thursday 26 February. Contact Lucy for further details.

Darnall Women's Conversation Club

provides an opportunity to women to practise their English and make new friends.

We meet every week for 2 hours at Darnall Forum, and each week we cover a different subject, like games, festivals, and weather.

We also do things like making fruit smoothies, making jewellery, planting herbs, and shopping.

*** All Women Welcome ***

Childcare is available. Call Shabana, Nazia or Anne for more information.

Clive Betts MP Advice Surgeries

First Saturday monthly: Darnall Library
Third Saturday monthly: Crystal Peaks Library
9:30 – 11:00am

Please call the number below for an appointment.

Email: bettsc@parliament.uk Telephone: 0114 273 4444
2nd Floor, Barkers Pool House, Burgess Street, Sheffield S1 2HF

www.clivebetts.com